

Indiana Diabetes Advisory Council  
Minutes of October 9, 2008 Quarterly Meeting  
ISDH, Rice Auditorium

**Members present:** *Dewanna Allen, Linda Bailey, Monica Brooks, Carla Chance, Jenny Conder, Vicki Hermansen, Katie Hillman, Katie Holeman-Shipp, David Holloway, Carrie Jackson-Logsdon, Jackie Johnson, Bob McDaniel, Carolyn Muegge, Tanya Parrish, Karen Pope, Marcy Proffit, Bev Reed, Violet Reynolds, Linda Stemnock, Bonita Strunk, Karen Ten Cate, Russ Towner, Joey Vrazel, Barb Welty*

**ISDH staff present:** *Laura Heinrich, Pam McVey, Laura Mosier, Sarah Strawbridge, Erin Triplett*

**1. Introductions** – After introductions, Laura Heinrich began the meeting by giving the news that Nancy Yoder was in the hospital after having had surgery on the triple fracture of her leg. Laura also introduced the newest member of the Diabetes staff: Erin Triplett, Health Educator.

**2. July Quarterly Meeting Minutes** – The July Meeting Minutes were accepted as written.

**3. Indianapolis Medical Society Diabetes Project** - Carrie Jackson-Logsdon of Project Health gave a short presentation of the work efforts of Project Health and a synopsis of its recipients. The Medical Society received a Nina Mason Pulliam Charitable Trust DID award to support their work on this project. Further questions about this project can be directed to Carrie at 317-262-5625 or [carrie@imsonline.org](mailto:carrie@imsonline.org).

**4. National Council on Aging Grant/Arthritis Grant** – Laura Heinrich presented an update on the National Council on Aging (NCOA) grant. The first Master Trainer workshop for the Chronic Disease Self-Management Program (CDSMP) was being held October 6-10, same week as the Council meeting. Outreach brochures are in the final stages of development and should be at the printer by next week. This program will be rolled out in Indiana as "*Living a Healthy Life with Chronic Conditions*". The DPCP is working on the Arthritis Integration Dissemination Grant received from National Association of Chronic Disease Directors (NACDD). Contracts are all in place and work is beginning. The grant will focus on rolling out the Enhance Fitness program alongside the CDSMP with the same logo. Arthritis Foundation has a Self-Help program similar to the CDSMP program.

**5. Diabetes Prevention and Control Program Update** There is a half-time Epidemiologist position to be filled. Questions still remain, however, about the possibility of sharing that position with another program or filling it just for Diabetes. Erin Triplett started October 6<sup>th</sup> as the new Health Educator for Diabetes Prevention and Control Program.

**6. New FOA Funding Announcement** – The new 5-year competitive CDC grant is due out any day. It is to be an integrated application for the Diabetes Program, Tobacco Program, BRFSS, and Healthy Communities. Discussion was held on the three new diabetes goals that may be part of the announcement: prevent diabetes, prevent complications of diabetes, and eliminate health disparities. There was a general discussion on pre-diabetes and obesity problems. The council expressed a desire for the DPCP to look into working on a pre-diabetes project. Dr. David Marrero's YMCA project was discussed as a possibility. Bob McDaniel offered to help in contacting the YMCA in respect to becoming involved with a prevention program on a broader scale.

There was a brief discussion on the IAAAA grant and integration with tobacco cessation efforts.

**7. Data, Policy and Advocacy** – Advocacy and Lobbying were discussed. The DPCP cannot lobby, however, the DPCP can advocate. Advocacy is the general promotion of an idea or cause through education, outreach, and grassroots organizing. Many of the Council members could probably do lobbying, as long as their employers were not against them doing so. Lobbying could also be done individually on personal time. Russ Towner suggested that the DAC take a position on having a smoke-free state, Laura volunteered to draft a paper to that effect.

**8. Committee Reports:**

- Partnership Committee is working on revising the Partnership Resource Directory. Pam McVey is assisting with the revision.
- Education Committee is looking at creating a "toolkit" for health care providers and their staff on implementing the consensus guidelines.
- Women's Health – See the attached report.

**9. General Announcements** – Sarah Strawbridge invited comments on the newly reformatted website; specifically she named the ITPC – Quitline Brochure and the Physician Toolkit in which she wished to include a brochure re Diabetes and Tobacco.

The meeting then broke into sub-committee sessions.

## **Women's Health Committee Report**

by Laura Mosier, Program Coordinator  
Indiana Women's Diabetes Initiative Grant

Indiana Women's Diabetes Initiative's second year started September 1, 2008. There are currently 118 women enrolled (the breakdowns are listed below):

- Elkhart County---45
- Howard County---46
- Lawrence County---27

This number is continuously changing with the 3 counties averaging 5 to 10 new enrollments per week. There are more women enrolled but data has not been received from the counties. The Program Epidemiologist has hired a research graduate assistant; to assist with the data collection.

The logo has been developed (see attachment) as well as an IWDI share point site. The Indiana Women's Diabetes Initiative is in the process of working with ISDH Office of Public Affairs (OPA) in developing a health promotions display board and getting bookmarks and postcards printed.

In addition, we are building and sustaining partnerships on the state and county level. The collaborative partnerships include the following:

- Prevent Blindness Indiana (PBI)
- American Diabetes Association (ADA)
- Purdue University Extension
- Roche Diagnostics
- CVS Pharmacy
- Anthem/WellPoint
- Merck
- Healthy Interventions
- Bayer
- Life Scans
- Indiana Health Centers/Dental Clinics
- Indiana Podiatry Association
- Indiana State Department of Health
  - Diabetes Prevention and Control Program (DPCP)
  - Maternal and Children's Special Health Care Services (Dental Services)
  - Nutrition and Physical Activity
- Other State Agencies
  - Family Social Services Administration (FSSA)- Healthy Indiana Plan (HIP)
  - IN Shape Indiana
  - Indiana Tobacco Prevention and Cessation Program (ITPC)

This list is expanding and the partnerships are continually strengthening.

The first site visit of Year 2 has been a community outreach site visit for all three counties. The last one will be completed on Friday November 14<sup>th</sup> (World Diabetes Day). The Program Director and Epidemiologist attended a large county health fair; a diabetes education class developed by IWDI, a Certified Diabetes Educator, Roche Diagnostic, and CVS pharmacy (for which IWDI is seeking ADA recognition for our diabetes education classes). The last county site visit will be an IWDI open house for all the women currently enrolled in the program and introducing the women to the resources available in their county.

IWDI is moving forward with the program and the county coordinators are working with their clients to navigate them through the patient navigation system and building and developing a resource toolkit that works for each woman with diabetes to be their own advocate in managing their diabetes.



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